

# MOWER COUNTY RESOURCE LISTING/LISTA DE RECURSOS DEL CONDADO DE MOWER

## Resources for families and children in Mower County

### CRISIS INTERVENTION/SERVICIOS DE INTERVENCIÓN EN SITUACIONES DE CRISIS

**Law Enforcement/Medical  
Emergency/Policia/Emergen-  
cia Medica—911**

**None Emergency Call  
437-9400**

### NON-EMERGENCY SERVICES/SERVICIOS SIN EMERGENCIA

Mayo Clinic Health System \_\_\_\_\_ 433-7351

Nurse Care Line \_\_\_\_\_ 1-888-609-4065

Patient Online Services -  
Support line \_\_\_\_\_ 1-877-858-0398  
Other Behavioral Services \_\_\_\_\_ 433-7389

Psychiatric Service Unit \_\_\_\_\_ 433-7351

Patient Education \_\_\_\_\_ 434-1753

Crime Victims Resource Center \_\_\_\_\_ 437-6680

### CRISIS INTERVENTION/INTERVENCIÓN EN CRISIS

Crisis Response \_\_\_\_\_ 1-844-274-7472

### CHILD ABUSE PREVENTION/PREVENCIÓN DE MALTRARO INFANTIL

Child Protection \_\_\_\_\_ 437-9700

Human Trafficking Hotline 1-888-373-7888

### VICTIMS SERVICES

Crime Victims Crisis Center Albert Lea  
\_\_\_\_\_ 373-2223

Rochester Women's Shelter  
\_\_\_\_\_ 507-285-1010

Crisis Resource Center Owatonna  
\_\_\_\_\_ 1-800-451-1202

Dorothy Day Shelter (homeless)  
\_\_\_\_\_ 507-282-5172

### FAMILY VISITATION & EXCHANGE/VISITAS FAMILIARARES Y INTERCAMBIOS

Siebel Center \_\_\_\_\_ 434-7550

### FOSTER CARE/ CUIDADO ADOPTIVO

Mower County DHS \_\_\_\_\_ 437-9700

### TOLL-FREE HOTLINE NUMBERS/NUMEROS DE LINEA TELEFONICA GRATUITA

Sex Trafficking Hotline \_\_\_\_ 1-888-373-7888

Safe Harbor (Sexually exploited youth)  
\_\_\_\_\_ 1-866-223-1111

Battered Women \_\_\_\_\_ 1-800-799-7233

Epilepsy Foundation of MN \_\_\_\_\_ 1-800-332-1000

MADD(Mothers Against Drunk Drivers)  
\_\_\_\_\_ 1-800-487-6233

Runaways/Safe Choices \_\_\_\_ 1-800-621-4000

Runaways (Operation Peace of Mind)  
\_\_\_\_\_ 1-800-231-6946

Stuttering Hotline \_\_\_\_\_ 1-800-221-2483

MN Crime Victims \_\_\_\_\_ 1-800-247-0390

24-Hour Crisis Line \_\_\_\_\_ 1-800-422-1295

COUNSELING/MENTAL HEALTH /  
CONSEJERIA/SALUD MENTAL

Austin Public Schools \_\_\_\_\_ 460-1900  
Austin High School \_\_\_\_\_ 460-1816  
MAYO Clinic \_\_\_\_\_ 433-7351  
The Bridge \_\_\_\_\_ 434-9334  
Catholic Charities \_\_\_\_\_ 433-3062  
Cedar River Counseling Services \_\_\_\_\_ 433-6482  
Cedar House \_\_\_\_\_ 437-9152  
Crimes Victim Resource Center \_\_\_\_\_ 437-6680  
Crisis Response 1-844-274-7472  
Family Facilitators \_\_\_\_\_ 481-4770  
Family Focus \_\_\_\_\_ 434-3586  
Gerard Community Mental Health Services  
Therapy, Diagnostic, Assessment and  
Psychological Testing \_\_\_\_\_ 434-4366  
Kevin Anderson Lic. Psychologist/EMDR  
Therapy \_\_\_\_\_ 440-0134  
Lutheran Social Services \_\_\_ 1-800-582-5260  
Mayo Clinic Social Services \_ \_\_ 507-284-2131  
Psychiatry/  
Psychology Assoc.-So MN \_\_\_\_\_ 433-5191  
Independent Management Services (IMS)/  
ARMHS therapy, diagnostic assessment &  
psychological test \_\_\_\_\_ 437-6389

Cont. COUNSELING/MENTAL HEALTH /  
CONSEJERIA/SALUD MENTAL

Dr Moran Professional Corp. \_\_\_\_\_ 438-2010  
Veteran Service Office  
Mower County \_\_\_\_\_ 434-2712  
Quality Case Management, Inc. \_\_\_ 437-9085  
Quality Community Services, Inc \_ 437-9085  
New Horizons Adoption  
Agency \_\_\_\_\_ 1-800-314-3370  
Austin Manor \_\_\_\_\_ 433-5569  
EDUCATION/EDUCACION  
Austin Public Schools  
Administration \_\_\_\_\_ 460-1900  
Alternative School/Area Learning Center  
\_\_\_\_\_ 460-1805  
Austin Community Education \_\_\_\_\_ 460-1706  
Austin Adult Learning \_\_\_\_\_ 460-1707  
English Language Learning \_\_\_\_\_ 460-1707  
GED & Transition to College \_\_\_\_\_ 440-8701  
Austin ECFE (Early Childhood Family Ed.)  
\_\_\_\_\_ 460-1709  
ECSE(Early Childhood Special Ed.)\_ 460-1705  
Blooming Prairie Public Schools \_ 583-4427

Cont. EDUCATION/EDUCACION

Grand Meadow Admin & ECFE \_\_\_\_ 754-5310  
Hayfield-Brownsdale ECFE \_\_\_\_\_ 477-3236  
Hayfield-Brownsdale Public Schools  
\_\_\_\_\_ 477-3236  
LeRoy-Ostrander Admin \_\_\_\_\_ 324-5743  
LeRoy-Ostrander ECFE \_\_\_\_\_ 324-5741  
Lyle Schools Administration \_\_\_\_\_ 582-3568  
Riverland Community College/Austin  
\_\_\_\_\_ 433-0600  
\_\_\_\_\_ 1-800-247-5039  
Headstart Program (SEMCAC) \_\_\_ 433-5889  
PACER \_\_\_\_\_ 1-800-537-2237  
Autism Resource Specialist –Mary Barinka  
\_\_\_\_\_ 433-4243  
University of Minnesota Extension, Mower  
Co. \_\_\_\_\_ 437-9552  
University of Minnesota Extension, Mower  
Co. for SNAP –Ed (Nutrition)  
\_\_\_\_\_ 434-2653 ext 653  
LITERACY EDUCATION/EDUCACION LITERA-  
TURA \_\_\_\_\_ 1-800-222-1990  
Tutoring \_\_\_\_\_ 1-800-225-READ  
Family Literacy \_\_\_\_\_ 460-1707

LIBRARIES/BIBLIOTECAS

Austin Public Library \_\_\_\_\_ 433-2391  
Brownsdale Public Library \_\_\_\_\_ 567-2177  
Grand Meadow Public Library\_\_\_\_ 754-5859  
Hayfield Community Library \_\_\_\_\_ 477-2455  
LeRoy Public Library \_\_\_\_\_ 324-5641  
Lyle Community Library \_\_\_\_\_ 325-2369  
MN Library for the Blind/Talking Books  
\_\_\_\_\_ 1-800-722-0550

PARENTING EDUCATION/EDUCACION DE PADRES

Parents Forever Divorce Education/  
Parenting Resource Center \_\_\_\_\_ 437-8330  
Parent WARMLINE \_\_\_\_\_ 1-888-584-2204  
Linea de Apoyo y Compresion Paterna  
\_\_\_\_\_ 1-888-584-2204  
Parenting Resource Center \_\_\_\_\_ 437-8330  
University of Minnesota Extension, Mower  
Co. \_\_\_\_\_ 437-9552  
ECFE (Early Childhood Family Ed.)\_460-1709

YOUTH CHILDREN/RECREATION/  
RECREACION JUVENIL

Austin Community Education \_\_\_\_\_ 433-0971  
Austin Park & Recreation Program\_433-1881  
Boy Scouts \_\_\_\_\_ 387-3123  
Girl Scouts River Valley\_\_\_\_ 1-800-845-0787  
Jay C Hormel Nature Center \_\_\_\_\_ 437-7519  
4-H Program (UofM Extension) \_\_\_ 437-9552  
YMCA/Recreation Center \_\_\_\_\_ 433-1804  
Mower County Mentoring \_\_\_\_\_ 437-9454

FINANCIAL CONSULTING/CONSULTORIA FINANCIERA

Independent Management Services  
\_\_\_\_\_ 437-6389

SOCIAL SECURITY/SERGURO SOCIAL

\_\_\_\_\_ 1-866-504-5010

SUPPORT GROUPS/GRUPOS DE APOYO

Crimes Victims Resource Center \_\_ 437-6608  
Mother of Children with Handicaps  
\_\_\_\_\_ 325-4742  
Adult Children of Alcoholics \_\_\_\_\_ 437-3797  
Circle of Parents \_\_\_\_\_ 377-7665  
Circle of Hope \_\_\_\_\_ 438-2034  
La Leche League of Southeast MN\_456-8238  
Freeborn County Crime Victims Crisis Ctr.  
\_\_\_\_\_ 507-377-5460  
Celebrate Recovery \_\_\_\_\_ 433-7008

LEGAL SERVICES/SERVICIOS LEGALES

SE MN Reg. Legal Services (Intake)  
\_\_\_\_\_ 1-888-575-2954  
Albert Lea \_\_\_\_\_ 1-800-223-0280  
Minnesota Family Law Project  
\_\_\_\_\_ 1-866-292-0080  
Immigrant Law Center of MN  
\_\_\_\_\_ 1-651-641-1011

FOOD/COMIDA

Mower County DHS (vouchers) \_\_\_\_437-9701  
 Ruby's Pantry Grace Lutheran Austin 3<sup>rd</sup>  
 Thursdays of each month\_\_\_\_433-3445  
 Cornerstone Church Austin\_\_\_\_433-7008  
 Lyle Our Savior's Lutheran Church\_325-4684  
 LeRoy Area Ministerial Assoc \_\_\_\_324-5722  
 Racine\_\_\_\_507-378-4801  
 Mower County Senior Center\_\_507-433-2370  
 WIC (Women, Infant & Children) \_\_\_ 437-9799  
 Salvation Army\_\_\_\_437-4566  
 Our Saviors Lutheran-Lyle \_\_\_\_\_325-4684  
 American Red Cross—Disaster  
 \_\_\_\_\_1-844-878-9933  
 NAPS \_\_\_\_\_1-877-500-8699  
 Little Cedar Food Shelf (for Southland Families)  
 \_\_\_\_\_582-3185  
 SEMCAC Senior Dining Austin \_\_\_\_459-9270  
 SEMCAC Meals on Wheels:  
 Austin Meals on Wheels \_\_\_\_\_433-3120  
 Grand Meadow/Dexter/Lyle \_\_\_\_\_754-5744  
 Adams \_\_\_\_\_582-3185

HOUSING/VIVIENDA

Austin HRA\_\_\_\_\_433-1866  
 Mower Co HRA \_\_\_\_\_434-5556  
 American Red Cross (disaster)  
 \_\_\_\_\_1-844-878-9933  
 Salvation Army(emergency) \_\_\_\_\_437-4566  
 SEMCAC (emergency) \_\_\_\_\_433-5889  
 Housing Equality Law Project  
 \_\_\_\_\_1-866-292-0080  
 Rochester Women's Shelter  
 \_\_\_\_\_507-285-1010  
 Quality Case Management, Inc.\_\_\_\_437-9085  
 Crisis Resource Center Owatonna  
 \_\_\_\_\_1-800-451-1202  
 Dorothy Day Shelter (homeless)  
 \_\_\_\_\_507-282-5172  
 Habitat for Humanity-Freeborn/Mower  
 \_\_\_\_\_433-1349  
 Independent Management Services  
 \_\_\_\_\_437-6389

PERSONAL CARE ITEMS/ARTICULOS DE CUIDADO

Welcome Center\_\_\_\_\_434-2863

CLOTHING/ROPA

Birthright\_\_\_\_\_437-2373  
 Rachel's Hope\_\_\_\_\_437-7595  
 Parenting Resource Center\_\_\_\_437-8330  
 Salvation Army\_\_\_\_\_433-7203  
 Headstart(SEMCAC)\_\_\_\_\_M-Th 7-4, F 7-11

USED CLOTHING FOR SALE/VENTA DE ROPA USADA

Twice is Nice\_\_\_\_\_433-5353  
 Salvation Army\_\_\_\_\_437-4566  
 A to Z Treasures\_\_\_\_\_433-0090

HUMAN SERVICES/SERVICIOS HUMANOS

Independent Management Services  
\_\_\_\_\_ 437-6389  
Lutheran Social Services of MN  
\_\_\_\_\_ 1-800-582-5260  
Welcome Center \_\_\_\_\_ 434-2863  
Mower County DHS \_\_\_\_\_ 437-9701  
MN 211 \_\_\_\_\_ 2-1-1  
Cedar Valley Services \_\_\_\_\_ 433-2303  
New Horizons Adoption Agency  
\_\_\_\_\_ 1-800-314-3370  
Austin Human Rights Commission\_ 437-9940  
IMAA Intercultural Mutual Assistance Assoc.  
\_\_\_\_\_ 507-273-2280 or 507-273-4230

LAW ENFORCEMENT/POLICIA

Austin Police Department Emergency\_\_ 9-1-1  
Austin Police Dept. Non-Emergency  
\_\_\_\_\_ 437-9400  
Mower County Sheriff \_\_\_\_\_ 437-9400  
Truancy Officer \_\_\_\_\_ 437-9454  
Current Jail Inmate List:  
\_\_\_\_\_ [www.co.mn.mower.us/sheriff.html](http://www.co.mn.mower.us/sheriff.html)

HEALTH/SALUD

Mayo Clinic Health System  
Austin \_\_\_\_\_ 433-7351  
Adams Health Care Center \_\_\_ 507-582-3263  
Express Clinic at HyVee in Austin\_\_ WALK-IN  
Minnesota Care \_\_\_\_\_ 1-800-657-3672  
Mower County Public Health \_\_\_\_\_ 437-9701  
Sacred Heart Home Health Care\_\_ 433-1808  
Intrepid USA Health Care Service\_ 433-4700  
MN Children w/Special Health Needs  
\_\_\_\_\_ 1-800-728-5420  
United Home Health Care Choice  
\_\_\_\_\_ 1-888-460-1815

AIDS-HIV TESTING/EXAMENES DE SIDA-VIH

AIDS National Hotline \_\_\_\_\_ 1-800-342-AIDS  
AIDS Minnesota Hotline\_\_\_\_ 1-800-248-AIDS

BIRTH CONTROL/ANTICONCEPTIVOS

MN Family Planning/STI Hotline  
\_\_\_\_\_ 1-800-783-2287  
Mayo Clinic Health System\_\_\_\_\_ 433-7351  
Mower County Community Health\_ 437-9701

PREGNANCY/EMBARAZO

Mower County Community Health\_\_ 437-9701  
Rachel’s Hope Support & Council \_ 437-7595  
Catholic Charity Information Line  
\_\_\_\_\_ 1-800-222-5859  
Pregnancy Hot Line \_\_\_\_\_ 1-800-848-5683  
Mayo Clinic Health System\_\_\_\_\_ 433-7351  
New Horizon Adoption Agency  
\_\_\_\_\_ 1-800-314-3370

MOWER COUNTY PUBLIC HEALTH/SALUD PUBLICA DEL CONDADO MOWER

Infant, child and teen check ups, immuniza-  
tions, breast feeding support, STI testing &  
WIC (Women-Infant & Children)  
\_\_\_\_\_ 437-9701

SUPPORT GROUPS/GRUPOS DE APOYO

Crimes Victims Resource Center \_\_437-6608  
Mother of Children with Handicaps  
\_\_\_\_\_325-4742  
Adult Children of Alcoholics\_\_\_\_\_ 437-3797  
Circle of Parents \_\_\_\_\_ 377-7665  
Circle of Hope \_\_\_\_\_438-2034  
La Leche League of Southeast MN\_456-8238  
Freeborn County Crime Victims Crisis Ctr.  
\_\_\_\_\_507-377-5460  
Celebrate Recovery \_\_\_\_\_ 433-7008

DISABILITY SERVICES/SERVICIOS DE DIS-  
CAPACIDAD

LIFE Mower County \_\_\_\_\_ 433-8994  
Cedar Branch DAC Adams \_\_\_\_\_ 582-7726  
Cedar Valley Services \_\_\_\_\_ 433-2303  
Cedar House, Inc. \_\_\_\_\_ 437-9152  
Division of Rehabilitation\_\_\_\_\_ 433-0570  
Epilepsy (MinCep Care PA) \_1-612-525-2400  
March of Dimes/SE MN \_\_\_\_ 1-507-282-0649  
MN State Council on Disabilities  
\_\_\_\_\_1-800-562-9747  
Mower Council for Handicapped  
\_\_\_\_\_433-9609  
SE Center for Independent Living (Rochester)  
\_\_\_\_\_285-1815  
REM Woodvale \_\_\_\_\_ 433-7301  
SEMCIL \_\_\_\_\_ 1-888-460-1815  
MN Children w/Special Health Needs  
\_\_\_\_\_1-800-728-5420  
Independent Management Services  
\_\_\_\_\_437-6389  
Quality Case Management, Inc. \_\_\_\_437-9085  
Quality Community Services, Inc. \_437-9085

CHEMICAL DEPENDENCY/DEPENDECIA DE  
SUSTANCIAS QUIMICAS

Alcoholics Anonymous (AA)\_\_\_\_\_ 433-9868  
Education/Enforcement Liaison  
\_\_\_\_\_433-0408 ext 0407  
Narcotics Anonymous \_\_\_\_\_433-9868  
Mayo Clinic Health System  
Fountain Center Austin\_\_\_\_\_ 434-1890  
Fountain Center Albert Lea\_ 1-800-533-1616  
Mayo Clinic Health System  
Tobacco Cessation\_\_\_\_\_ 434-1429  
Free Support Group Wednesday 5-6pm  
\_\_\_\_\_434-1429  
Circle of Hope—Support Group \_\_\_\_438-2034

FINANCIAL CONSULTING/CONSULTORIA FINANCIERA

Independent Management Services  
\_\_\_\_\_437-6389

SOCIAL SECURITY/SERGURO SOCIAL

\_\_\_\_\_1-866-504-5010

CHILD CARE/GUARDERÍAS

Child Care Resource and Referral

(Mower and Freeborn)\_\_\_1-800-462-1660

Helping Homes\_\_\_\_\_507-438-1270

(emergency/temporary care)

Mower County Public Health –Daycare Providers list

website: [www.mowercountyhhs.com](http://www.mowercountyhhs.com)

Austin Aspires – *Daycare and Preschool Opening list (always updated) – visit [www.austinaspire.org](http://www.austinaspire.org)*

ENERGY ASSISTANCE/ASISTENCIA DE ENERGIA

SEMCAC

Mower County\_\_\_\_\_433-5889  
Rushford 1-800-944-3281

DRIVERS LICENSE/LICENCIAS DE CONDUCIR

Dept of Motor Vehicles 434-2675

TRANSPORTATION/TRANSPORTACION

SMART \_\_\_\_\_1-855-762-7821

AB Taxi \_\_\_\_\_434-9689

EMPLOYMENT/EMPLEO

CHOICES\_\_\_\_\_507-280-5510

Cedar Valley Services\_\_\_\_\_433-2303

Workforce Center\_\_\_\_\_433-0555

Welcome Center\_\_\_\_\_434-2863

CLUES \_\_\_\_\_355-8575

CAREER COUNSELING/CONSEJERÍA EN CARRERAS

Riverland Community College\_\_433-0600

Workforce Development\_\_\_\_\_433-0555

CLUES \_\_\_\_\_355-8575